



Your Choice
Barnet

M E A D O W S I D E C A R E H O M E

Person centred care in Woodside Park



WELCOME TO MEADOWSIDE

Located in the heart of North Finchley, Meadowside Care home offers first class residential care for older people. Our dedicated team provides person centred care to meet the needs of every resident; whether they have mobility issues, are living with dementia, or simply need a helping hand from time-to-time.

Our recently-refurbished 68 bed home offers the highest standard of living, while keeping residents safe and secure. All our homes come fully-furnished and have en-suite bathrooms and communication facilities.

We also provide specialist mental health care for our residents.

Situated near Woodside park station in North Finchley, Meadowside Care Home offers all the benefits of living close to local shops and services, while remaining in calm and peaceful surroundings.

YOUR CHOICE

Our experienced team provide support which enables residents to feel cared for and safe in their homes. We believe in empowering our residents and giving them the opportunities to live their lives in the ways they wish.

“Meadowside Care home is a lovely place to live! The staff are very kind and patient and their dedication is admirable. There is always something going on and the activities provided are very interesting, I am very happy here.”

Meadowside resident





YOUR HOME

Our homes have been recently-refurbished to the highest standard, so that residents are happy, comfortable, and most importantly, safe. They have been decorated in a light and airy way and have en-suite bathrooms with accessible toilet facilities. The innovative design of our homes includes dementia friendly colour schemes, circadian rhythm lighting and in-built falls sensors in all bedrooms. We also have separate dementia friendly living rooms complete with sensory equipment and sensory gardens which are specifically designed for those residents who are living with dementia.

Rooms are fully-furnished, but residents are encouraged to make their homes their own, with personal touches like artwork, keepsakes or items of furniture. We do everything we can to make residents feel at home.

All our rooms have TV and telephone services, and there is WiFi available throughout the building.

Rooms are equipped with assistance devices, which alert members of staff should any resident need support.

We have hair and beauty facilities on site, and a local hairdresser visits Meadowside Care home once fortnight so that residents can always look their best.

“I have loved every day since moving into Meadowside. I feel cared for and truly loved by the staff. I’m part of a community, and have such a ball with my neighbours.”

Meadowside resident

OUR COMMUNITY

We believe in empowering our residents to live healthy and active lives, where they are part of a community where life-long memories are made.

Being part of a community means residents build friendships, share laughter and enjoy a wide range of activities and outings. There is always something going on at Meadowside Care home and we encourage residents and family members to take part, while respecting their wishes.

At Meadowside Care home, regular activities are organised by our dedicated coordinators who help keep residents’ bodies active and minds sharp. These events can include tea parties, garden parties, quizzes and bingo, and take in a wide range of cultural events over the year. We also have a wide range of activities provided by visiting professionals including theatre companies, local museums providing interactive reminiscence sessions, musical entertainers, visits from local nursery children and volunteers who facilitate reading and exercise sessions.

We love getting out and about in the local community, and regularly have trips to the cinema, seaside, museums, or simply going out for a cup of tea and a slice of cake.

Our beautifully looked-after gardens are open year-round and residents love making the most of them in the summer months; some even lending their hand at some gardening.

Friends and family are always welcome to visit Meadowside care home.



PERSON CENTRED CARE

Our mission is ‘To make a real difference to every customer’. Our vision is ‘For customers to be our biggest advocates.’

Every day our employees strive to improve people’s quality of life. Our staff are passionate about making a difference, and we’re proud to play an important role in improving people’s quality of life.

We use personalised care plans for each resident, to ensure they receive the highest levels of person centred care. These are regularly reviewed with the resident and their families, if applicable. If a resident has a medical appointment, or needs a healthcare professional to visit them in their home, we provide all the necessary care and support. Residents are at the heart of everything that we do and we hold regular resident and family and friends meetings to get peoples views and feedback and to involve residents in every aspect of their care. We value the views and opinions of residents and their families and use feedback to tailor the service we deliver.

Meadowside Care home has dementia-friendly home status and staff are certified dementia friends, meaning staff are specially trained how to look after residents living with dementia with care, diligence and empathy.

Meadowside Care home is regularly inspected by the Care Quality Commission, who graded it as “Good” in their latest visit.

A TEAM HERE FOR YOU

Our dedicated team live our values every day; show respect, find solutions and make a difference. By living these, they can provide the best possible care for every resident at Meadowside Care home.

WHY CHOOSE OUR HOME?

Here are some of the people who make Meadowside Care home such a great place to live.

“I love working at Meadowside care home and seeing the difference that we make to our residents’ lives. I am impressed daily by the dedication of the staff team who go above and beyond to ensure residents receive the highest level of care. Residents are at the heart of what we do and we always ensure that we are working in a person centred way, ensuring positive outcomes for the individuals we support.

Sara White, Care Home Manager

“Meadowside is a lovely place to work, the residents are central to what we do and I learn a lot from their wisdom, we are like one big family here. The staff team go the extra mile to support the residents and work in a professional manner to achieve one goal.”

Gloria Amu, Deputy Manager

A KITCHEN AT THE HEART OF OUR HOME

Good quality food is vital for a resident’s health and happiness. A good meal can improve someone’s mood immeasurably, which is why we work closely with local suppliers to make sure every meal that we serve is tasty and nutritious.

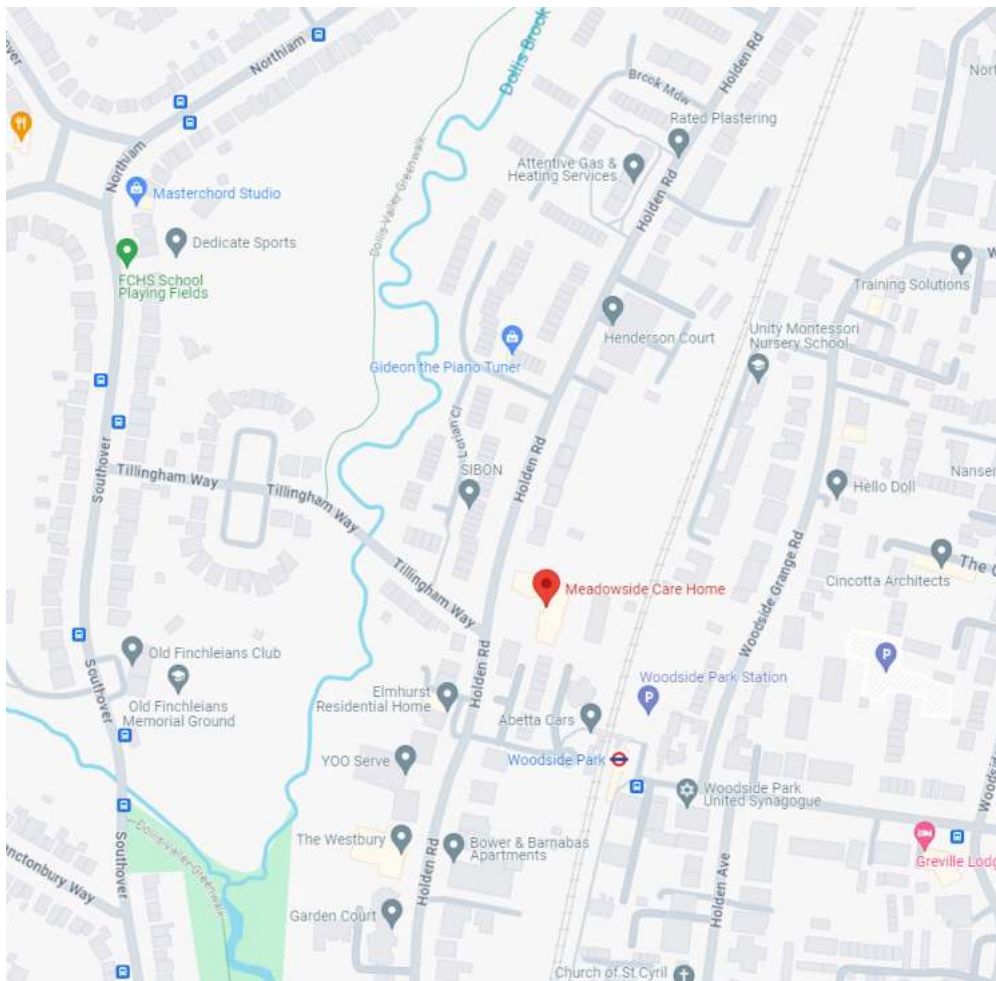
All our meals are prepared from scratch on site, and menus are adapted to suit the changing seasons. A choice of menu is offered for every meal and staff will ask residents for their preferences before each meal.

Cooking all our meals on site means that we can cater to specific dietary requirements, and tailor these in residents’ individual care plans.

Our in-house chefs are vastly experienced and take great pride in putting a smile on residents’ faces with their cooking. Views on meals and menu planning are always welcome and discussed in regular residents meetings.

Meal times are relaxed, communal times, with residents enjoying a chat over their feasts. Visitors and guests are always welcome to join residents during meal times, or just to spend a bit of time in our communal areas over a cup of tea.

VISIT US



We are a five minute walk from Woodside Park station. We are also served by buses 125, 221 and 264 from North Finchley.

We are at:
60 Holden Rd
North Finchley
N12 7DY

VISIT US

The best way to see what an amazing place Meadowside is to live, is to come and see for yourself. We would be delighted to show you around and answer any questions you may have.

We understand that choosing a new place to live can be a difficult, emotional time for you or a loved one. Our experienced team is here to discuss the specific requirements you have, and to address any concerns so that you can make a well-informed decision, and we will support you fully through the moving process from start to finish.

For an initial consultation please contact us using the details below. We will be delighted to help and aim to respond to your enquiry within 24 hours

Contact our team today:

020 8492 6500

meadowside@yourchoicebarnet.org

Monday - Friday, 10am - 6pm

yourchoicebarnet.org